BASELINE

TRAINING WALK 4.68 mi / 386 ft / moderate

BASELINE TRAINING WALK 4.68 mi / 386 ft / moderate

MILE	TURN	LOCATION	CONTROL	MILE	TURN	LOCATION	CONTROL
0.00	Immanue	el Baptist Church	START	0.00	Immanu	el Baptist Church	START
	Streater Ave & Cherokee Rose Dr			Streater Ave & Cherokee Rose Dr			
0.02	rlght @	Streater Avenue		0.02	rlght @	Streater Avenue	
0.07	right @	Sycamore Drive		0.07	right @	Sycamore Drive	
0.36	right @	Webster Street	2w stop	0.36	right @	Webster Street	2w stop
0.68	right @	Base Line - use sidewalk	signal signal	0.68	right @	Base Line - use sidewalk	c signal
1.42	right @	Church Street - use path	signal	1.42	right @	Church Street - use path	signal
1.96	right @	Glenheather Drive		1.96	right @	Glenheather Drive	
2.27	straight	Streater Avenue		2.27	straight	Streater Avenue	
2.88	right @	Base Line - use sidewalk	2w stop	2.88	right @	Base Line - use sidewalk	2w stop
3.46	right @	Church Street - use path	signal	3.46	right @	Church Street - use path	signal
3.99	right @	Glenheather Drive		3.99	right @	Glenheather Drive	
4.31	straight	Streater Avenue		4.31	straight	Streater Avenue	
4.64	left @	IBC parking lot		4.64	left @	IBC parking lot	
4.68		Immanuel Baptist Church	n FINISH	4.68		Immanuel Baptist Church	h FINISH